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The Zing Book Reviews

Long Island Pulse Magazine

July 2007 -- page 46

"Normally, when a self-discovery book is written in memory of an author's youngest son, the reader is quick to expect a gut-wrenching, horrific account of the story in some fashion. The Zing is an exception. Ron Villano, M.S., LMHC, ASAC, dedicates his self-discovery guide to his youngest son Michael who passed away in an auto crash at age 17. This book, however, is not about the loss of Villano's son, but how to cope with, accept and embrace change. Not everyone can relate to the death of a child, thankfully, but every person reading this will understand that with any type of change comes many consequences, some not so easy to deal with."

Jillian Schad, Contributing Writer

New Living Magazine

November 2006 -- page 14

"Ron Villano's book is an invaluable guide to understanding yourself, your relationships with others as well as provide a metaphorical understanding of complex dynamics that shape our perceptual reality. This book is highly recommended especially since the author is a Long Island-based therapist. Villano is a very gifted and much sought-after holistic healer as well as highly regarded motivational speaker."

Christine Lynn-Harvey, Editor/Publisher

Long Island Press

May 31, 2007 -- page 7

"Following the tragic death of his son in an auto accident, Long Islander Ronald P. Villano spent a few years in a fog until he slowly re-learned how to live life. Then, over time and with a lot of hard work, his journey brought him a previously unknown passion and enthusiasm for life. Full of easy-to-understand analogies, this self-discovery guide is a road map that Villano, a psychotherapist, made to encourage people to embrace the power of change. Unlike many self-help books, this is an easy read for people who may be in a tough situation."

Embrace the Power of Change™